



2012 Spring and Summer Selections

		<u>50g</u>	<u>100g</u>	<u>250g</u>
Caribbean Holiday	perfect flavor combination of ripe tropical fruit that will tickle your taste buds. Pineapple / papaya flavor	5.99	11.38	26.96
Mango Dream	Smooth blend of black teas with a rich and juicy mango flavor ~ great iced!	5.99	11.38	26.96
Mellow Yellow	a must try green tea with lemon/honeydew melon flavor	5.99	11.38	26.96
Pink Earl Grey	Earl Grey ~ fit for summer! Green tea with bergamot and rhubarb ~ superb	4.99	9.48	22.46
Sweet Strawberry/Ginger	a delightful herbal blend combining the sweetness of ripe strawberries with ginger and lemon myrtle	7.99	14.49	33.34
Tropical Sunset	black tea with passion fruit ~ try iced!	5.99	11.38	26.96
Wild Cherry	yummy black tea with the taste of ripe maraschino cherries	5.99	11.38	26.96

Enjoy refreshing flavors to get you through the hot days of spring and summer!



TYPES OF TEAS



The journey into the world of teas is a personal experience and conjures up wonderful memories of places, favorite foods and special times. Whether it is white, green, black or oolong, all teas come from the same plant ~ **Camellia Sinensis**. Similar to wine, the character of the tea, its color and flavor are determined by altitude, climate, seasonal changes, plucking method and how the leaf is processed. Each type requires different brewing temperatures and steeping time to obtain its optimum flavor.

WHITE TEAS



White teas are the least processed of all teas and therefore contain a high amount of antioxidants. Originally made in China, only the unopened leaves of two varieties of the tea plant were used. Due to the increased demand today, mature leaves have been added to the tips but are processed in the traditional way: White tea is picked, withered (the process by which moisture evaporates from the leaf) and air-dried only.

Pai Mu Tan Silver Needle*

hand sorted ~ soft and delicate flavor
from a special Fujian varietal, this Chinese white tea is world-renowned and unique

50g 100g 250g

6.99 13.28 31.46
30.99 56.20 129.31

GREEN TEAS

Green tea processing is similar to that of white tea, in that oxidation is prevented. After the leaves are plucked and undergo a withering process (optional) they are heated, rolled and dried. Heating the leaves stops the enzymatic action and prevents oxidation preserving freshness. Japan achieves this by steaming the leaves for less than a minute while in China the leaves are tossed in a hot pan or a rotating drum for a designated time period.



From China

Asian Fusion* Dragonwell 2nd grade Fog Tea* Green Hyson* Gunpowder 1st grade

China/Japan blend with a smooth vegetal note
tender leaves provide a nutty finish
high and shade grown ~ sweet, smooth and light
a traditional popular tea ~ plum-like flavor
tightly rolled green leaves ~ bold in flavor

50g 100g 250g

9.99 18.12 41.69
11.99 21.75 50.03
6.99 13.28 31.46
4.99 9.48 22.46
4.99 9.48 22.46

From Japan

Bancha Gen Mai Cha Gyokuro Matcha Premium Souvia Sushi Sencha Fukujyu Sweet Matcha

full bodied with refreshing flavor
Sencha with roasted rice and popped corn
ceremonial tea - shade grown, rich in L-theanine
stone milled green tea from the Aichi mountains
matcha-dusted genmaicha ~ sushi bar tea at home!
vegetal with pleasantly sharp texture
high-grade matcha with cane sugar, for hot or cold drinks

50g 100g 250g

7.99 14.49 33.34
7.99 14.49 33.34
30.99 56.20 129.31
\$24.99 for 30g
10.99 19.93 45.86
10.99 19.93 45.86
8.99 16.30 37.51

Other Countries

Green Nilgiri FOP* Rukeri Green (NEW!)

rich vegetal note with smooth finish ~
Dragonwell-like (India)
Ruanda green tea with light and refreshing taste

50g 100g 250g

4.99 9.48 22.46
6.99 13.28 31.46

OOLONG TEAS



Also known as “wulong,” oolong processing is probably the most difficult. The leaves are partially oxidized which is a complex and time consuming method. The freshly plucked leaves are first withered outside for a designated time period (depending on weather and moisture content at plucking). Brought inside, they wither for 6-8 hours at room temperature. During this time, the leaves are stirred or shaken to start the oxidation process. Pan firing and air drying are used to reduce the moisture content in the leaf. After the pan firing, the leaves are again rolled, fired, cold rolled and then given a final firing.

		<u>50g</u>	<u>100g</u>	<u>250g</u>
Formosa Oolong	mild, sweet, bread-like flavor	7.99	14.49	33.34
Orange Oolong	smooth Formosa Oolong w/ zesty orange flavor	6.99	13.28	31.46
Ginseng Oolong (NEW!)	famous China oolong – wonderful taste!	15.99	29.99	69.99
Lemon Basil Oolong	great combination ~ savory and refreshing	7.99	14.49	33.34
Milk Oolong	large, tightly rolled leaves yield a fragrant, creamy flavor	30.99	58.88	138.99
Pouchong	lightly oxidized with aroma of orchid and lilac	16.99	30.81	70.89
Ti Kuan Yin Premium	curly leaves, toasted complex flavors	15.99	29.99	69.99
Tung Ting Premium	exceptional taste with rich floral aroma	21.99	41.78	98.96

BLACK TEAS

Black teas undergo all five processing steps used in tea production: withering, rolling, oxidation, drying and firing. After the initial withering, the tea leaves are rolled with great pressure to break open the cell structure and induce oxidation. The oxidation process is a three to four hour event turning the tea leaves from green to dark brown/black. Afterwards the tea is dried, in some cases by pan firing, to stop any further oxidation.



From India

		<u>50g</u>	<u>100g</u>	<u>250g</u>
Assam FTGFOP1 (organic)*	rich, full-bodied, smooth	5.99	11.38	26.96
Glenburn Darjeeling 2nd Flush FTGFOP1	robust Darjeeling direct from the family estate	16.99	30.81	70.89
Khongea Assam 2nd Flush SFTGFOP1	tippy golden with an extraordinary taste ~ direct import from Khongea Estate in the Assam Valley	16.99	30.81	70.89
Margaret's Hope Darjeeling	autumnal Darjeeling - beautiful floral notes	12.99	24.68	58.46
Mount Everest*	blend of black teas from China and India – robust with hints of smoke	6.99	13.28	31.46
Nilgiri FOP*	smooth tasting with the strength and body of a classic black tea	4.99	9.48	22.46

From China

		<u>50g</u>	<u>100g</u>	<u>250g</u>
Keemun Black Hao Ya A	one of the top 10 teas of China – extremely smooth and rich in flavor and aroma	16.99	30.81	70.89
Lapsang Souchong*	smoky - think single malt scotch	4.99	9.48	22.46
Mao Zhen Black Needle	stylish long leaf style with golden tips ~ full body, creamy and smooth	6.99	13.28	31.46
Yunnan Royal Gold (NEW!)	exquisite tea made only from tips-sweet and smooth	24.99	47.48	112.46

Other Black Teas & Black Tea Blends

		<u>50g</u>	<u>100g</u>	<u>250g</u>
China Breakfast *FT	smooth Chinese black tea from a premier tea garden	11.99	21.75	50.03
East Frisian Blend	blend of Assam, Java and Ceylon teas ~ robust	6.99	13.28	31.46
English Breakfast Blend*	fine whole leaf Indian and Ceylon teas	4.99	9.48	22.46
Irish Breakfast Blend*	fine Nilgiri and Assam teas ~ nice and strong	4.99	9.48	22.46
Kenya Kaporet	bold and full-bodied cup ~ rich flavor	7.99	15.18	35.96
Thyolo TGFOP (NEW!)	Malawi estate tea with robust flavor	6.99	13.28	31.75
Vietnam OP	smooth with lots of body ~ great quality	4.99	9.48	22.46
Vithanakanda STGFOP1	wiry, extra long tippy leaf with a taste of honey	12.99	24.68	58.46
Kenilworth FOP (NEW!)	from Ceylon's most popular estate – flavorful!	5.99	11.38	26.96

 - Souvia® Exclusive Blend

BLUE = BESTSELLER, GOLD = RARE/PREMIUM

PU-ERH TEAS



Pu-Erh teas are a product of China where it has been valued for centuries for its many health benefits. Pu-erh Teas are traditionally made with leaves from old, wild tea trees which are found in the Yunnan region of China. After picking, the leaves are made into "mao cha" (rough tea) through withering and pan firing. Once mostly dry, the mao cha is pressed into raw Pu-Erh and aged naturally or it undergoes further processing to make ripened Pu-Erh. Like wine, the enzymatic process continues even after processing is complete.

		<u>50g</u>	<u>100g</u>	<u>250g</u>
Aged Pu-Erh	aged 9-10 years ~ rich and earthy!	10.99	19.93	48.99
Pu-erh Ginger*FT	harmonious blend with sweet spicy ginger	15.99	29.99	69.99
Pu-erh Mini Tuo Cha	shaped into a nest, very smooth	6.99	13.28	31.46
Dark Rose Tea	aged tea with floral accents from Hunan	10.99	19.93	48.99
Pu-erh Cake	authentic/traditional "bing cha"	39.99	/cake	

DECAFFEINATED TEAS

Our decaffeinated teas are processed using the CO₂ method. This method uses two natural elements, pure water and carbon dioxide ("sparkling water") to extract caffeine from the tea leaves. This method preserves most of the tea's benefits while removing most of the caffeine.



		<u>50g</u>	<u>100g</u>	<u>250g</u>
English Breakfast Blend	great taste without the caffeine	9.99	18.12	41.69
Sencha*	pleasantly mild and aromatic	9.99	18.12	41.69

CHAI BLENDS



Chai is the word for tea in many Asian countries and a cup of chai is simply a cup of black tea. The spicy version we have come to love is called "masala chai". It is a combination of black tea and exotic spices like nutmeg, cloves, ginger, cinnamon, cardamom and pepper. Traditionally, the tea and spices are simmered in milk and sweetened with honey or sugar.

		<u>50g</u>	<u>100g</u>	<u>250g</u>
Green Chai	a subtler green Chai with a smooth finish	5.99	11.38	26.96
Masala Chai	traditional black chai with cinnamon, cardamom, vanilla and more...	5.99	11.38	26.96
Red Chai	peppery taste of aniseed, ginger and cinnamon ~ caffeine free	4.99	9.48	22.46
Yoga Tea	very smooth and balanced chai-like herbal blend ~ caffeine free	5.99	11.38	26.96



FLAVORED/SCENTED BLACK TEAS



Our flavored/scented black teas contain only the finest quality in flavoring and ingredients. The sweet, fruity and spicy flavors are mostly blended with mild China teas and strong, spicy Ceylon teas. Many of these flavored teas are delicious iced and refreshing on a hot summer day!

		<u>50g</u>	<u>100g</u>	<u>250g</u>
Afternoon Delight	green/black blend with vanilla and cinnamon	4.99	9.48	22.46
Apricot	just like a ripe apricot ~ great hot or iced	4.99	9.48	22.46
Banana Split	like the dessert ~ creamy coconut and banana	5.99	11.38	26.96
Black Currant	black tea with currants and currant leaves	4.99	9.48	22.46
Blueberry Bliss	black and green tea blend with rich berry flavor	5.99	11.38	26.96
Cranberry Peach (NEW!)	not just for the holidays! Sweet peaches and tart cranberries – the perfect summer blend	4.99	9.48	22.46
Caramel	China/Ceylon tea with caramel bits	5.99	11.38	26.96
China OP Rose	delicately scented tea with rose petals	5.99	11.38	26.96
Chocolate-Cream Truffles	an indulgence without the guilt	5.99	11.38	26.96
Cinnamon Black	think fresh, warm cinnamon roll!	5.99	11.38	26.96
Coconut*	tropical coconut flavor ~ nice and smooth	5.99	11.38	26.96
Earl Grey	a classic ~ scented with bergamot oil	5.99	11.38	26.96
Fig Lavender	a unique blend with a dominant sweet fig taste	5.99	11.38	26.96
Georgia Peach	smooth black tea with peach and ginger taste	5.99	11.38	26.96
 Grey Duchess	Earl Grey with lavender and vanilla ~ divine!	5.99	11.38	26.96
Hazelnut	black tea blend with a great nutty flavor	4.99	9.48	22.46
Irish Morning	a blend of black teas with rum/cream taste	4.99	9.48	22.46
Lemon Twist	sweet and zesty lemon flavor that will make your mouth water and have you asking for more ~ try iced!	4.99	9.48	22.46
Orange Spice	a classic black tea blend	4.99	9.48	22.46
Pacific Rim	mélange of papaya, pineapple and kiwi on a smooth blend of black and green teas	5.99	11.38	26.96
Passion Berry	take a plunge into nirvana with the delightful flavors of passion fruit and raspberry	4.99	9.48	22.46
Peach	refreshing fruity flavor	5.99	11.38	26.96
Razzleberry	raspberry and strawberry perfection	5.99	11.38	26.96
Sonoran Chili Chocolate	sweet and peppery chocolate taste	5.99	11.38	26.96
Strawberry Fields	a sweet treat ~ great hot or cold	5.99	11.38	26.96
Tea for 2 for the Road	perfect marriage of cinnamon and vanilla	5.99	11.38	26.96
Vanilla	with Madagascar bourbon vanilla	5.99	11.38	26.96

*Tea's proper use is to amuse the
idle, and relax the studios, and
dilute the full meals of those who
cannot use exercise, and will not
use abstinence. ☺*

Samuel Johnson

FLAVORED/SCENTED WHITE AND GREEN TEAS

Our flavored/scented white and green teas contain only the finest natural flavorings and scents. This tea should be steeped the same as white and green teas.



		<u>50g</u>	<u>100g</u>	<u>250g</u>
Angel's Kiss	papaya, pineapple and strawberry	7.99	14.49	33.34
Black Forest Temptation	rich almond and cherry flavors	5.99	11.38	26.96
Gojiberry	Sencha with gojiberry – try it iced!	5.99	11.38	26.96
Harvest Moon	apple and cinnamon conspire by the fire	6.99	13.28	31.46
Pear Helene	light with sweet taste of ripe pears ~ try iced!	5.99	11.38	26.96
Pomegranate Grape	burst of grape ~ remember Jolly Ranchers?	8.99	16.30	37.51
Sencha Lavender Mint	decaffeinated Japanese sencha blended with lavender and mint, beautiful and soothing	9.99	18.12	41.69
Sencha Mango	sencha with aromatic mango	5.99	11.38	26.96
Sencha Pina Colada	coconut/pineapple island vacation in a cup	5.99	11.38	26.96
White Cherry	sublime white tea with cherry essence	9.99	18.12	41.69
White Peach*	floral, peach and jasmine in a premium white	15.99	29.00	66.72
Jasmine 1st Grade	a great jasmine flavor on a light green tea base	4.99	9.48	22.46
Jasmine Downey Pearls	extravagant tea ~ picked only in the spring	22.99	41.70	95.93
Green Menthos	gunpowder tea with peppermint	4.99	9.48	22.46
Nutalicious	sencha with creamy walnut and almonds	6.99	13.28	31.46

ROOIBOS OR RED BUSH (caffeine-free)



Rooibos teas are made from an infusion process similar to tea but instead of using the tea plant it uses the South African *Aspalathus Linearis* – also called red bush and sometimes referred to as "red tea." Rooibos is rich in antioxidants and minerals, low in tannin and naturally caffeine free. It is great hot or iced and children love its mild and sweet taste! Rooibos is considered an herbal infusion and should be steeped for 5-8 minutes at 210 degrees F.

		<u>50g</u>	<u>100g</u>	<u>250g</u>
Rooibos*	nothing but organic red bush!	5.99	11.38	26.96
Honeybush*	slightly sweeter taste than Rooibos	6.99	13.28	31.46
Apple Cobbler	like a spiced cider ~ de-lish!	6.99	13.28	31.46
Arizona Cactus Flower	smooth and floral with real cactus blossoms	5.99	11.38	26.96
Blueberry Yoghurt	creamy blueberries taste	5.99	11.38	26.96
Caramel Rooibos	a creamy sweet treat	5.99	11.38	26.96
Chocolate Orange	a wonderful combination	5.99	11.38	26.96
Coconut-Almond	coconut & almond flakes	5.99	11.38	26.96
Lemon Soufflé	creamy lemon ~ smooth and delicious	5.99	11.38	26.96
Maple Morning	wonderful maple hotcakes on the griddle	5.99	11.38	26.96
Orange Cream	creamsicle in a cup ~ refreshing	5.99	11.38	26.96
Pearls of the Nile	mélange of exotic fruits	5.99	11.38	26.96
Peppermint Pat-tea	the "after-dinner" mint in a cup!	5.99	11.38	26.96
Quiet Mind	Rooibos blend with lavender/coconut ~relaxing	5.99	11.38	26.96
Raspberry Honeybush	raspberries, sunflower blossoms and flavors	6.99	13.28	31.46
Red Chai	peppery taste of aniseed, ginger and cinnamon	4.99	9.48	22.46
Tiramisu/Mascarpone	smooth and rich – a guiltless indulgence	6.99	13.28	31.46
Vanilla*	smooth vanilla flavor with a mild finish	5.99	11.38	26.96

HERBAL BLENDS/ FRUIT BLENDS (caffeine-free)

Infusions made from plants other than the tea plant *Camellia Sinensis*, are called herbal infusions or tisanes. Most herbals do not contain caffeine and therefore are a great alternative to decaffeinated teas. Our herbal and fruit blends contain only the finest ingredients.



		<u>50g</u>	<u>100g</u>	<u>250g</u>
Balance Tea	the aim of this blend is to balance digestion	7.99	14.49	33.34
Caramel Mate	nice robust flavor with a dark chocolate note ~ great for those who like a cup of java!	6.99	13.28	31.46
Cold Chaser	antiviral elder leaves, linden, thyme...	6.99	13.28	31.46
Good Night	valerian root (sleep-aid), passion flower and peppermint	5.99	11.38	26.96
Immuni-tea	great blend to get you through fall and winter ~ aniseed, sage and chamomile, no added flavors.	9.99	18.12	41.69
Morning After*	great detox blend ~ dandelion root, nettle, mint	8.99	16.30	37.51
Midsummer Night's Dream	refreshing blend of hibiscus, tangerine and eucalyptus			
Pomegranate/Bamboo	rich in minerals, detox and digestive aid	8.99	16.30	37.51
Relaxation	reviver with a lemon taste	6.99	13.28	31.46
Spring Fling	lively combination of zesty lemon grass, lemon myrtle and cooling eucalyptus ~ a fling that can quickly become an affair!	6.99	13.28	31.46
Tulsi Detox	cleansing brew that tastes great	6.99	13.28	31.46
Almond Dream	apples and caramelized almonds	5.99	11.38	26.96

SOUVIA

Drinking a daily cup of tea will surely starve the apothecary.

~Chinese Proverb

Disclaimer

The information presented in this menu is based on the most recent scientific literature available at this time. However, there is still a lack of clinical information regarding several of the medicinal plants employed in current alternative and folk medicine around the world. It is therefore strongly recommended that no one use any product, herbal or otherwise for self-medication. It is important to seek qualified professional advice before undertaking any treatment whatsoever.

- Souvia® Exclusive Blend

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